

**Las Animas Huerfano Counties District Health Department**  
**Gyms Compliance Checklist**

(updated 5/29/2020 -- subject to change per State orders and guidance)

Gyms may reopen per the approved Las Animas and Huerfano Counties variance provided they can meet and maintain all the applicable requirements in this document, including providing materials and equipment required to comply. No reopening inspections are required prior to a gym reopening provided they meet and maintain all requirements in this document. In addition;

- Employees must be educated in the requirements in the checklist and understand how these measures help to reduce the transmission and spread of COVID-19.
- The completed checklist must be posted either at the main entrance, inside the facility with other required labor and employment postings, or be kept on-site with coaches.
- Enforcement will be handled on a complaint basis. You do not need to submit this form to the Las Animas Huerfano Counties District Health Department unless asked to do so. If an inspector enters your facility, you will need to show how the measures included in this checklist are being complied with.
- This information could be updated with additional guidance and information as it is released by the state.
- For facilities with mixed uses, such as a food establishment inside a gym, the guidelines that apply to each portion of the business must be followed.

**Business Name:**

**Facility Address:**

## **Gyms**

A gym includes a building or room used for indoor sports or exercise, such as fitness, dance, exercise or group classes, exercise studios and centers, recreation centers, and other indoor athletic facilities.

- Capacity for indoor portions of the facility will be limited to 50% of the maximum allowed occupancy while ensuring a minimum of 28 square feet per person and no more than 175 people.
- Post signs at entrances regarding face coverings, and post signs throughout the facility as needed to remind guests of social distancing and proper hygiene.
- Implement one-way entry/exit and directional walkways as much as possible.
- Perform environmental cleaning and disinfection of bathrooms and high touch surfaces every 2 hours and maintain a cleaning log.
- Make reasonable accommodations for vulnerable populations who are still under the Safer at Home advisement. (e.g. assistance with equipment cleaning, special hours).
- Clients must be instructed to wear face coverings when entering the establishment and at all times except when a face covering inhibits the participants ability to participate in a fitness activity.
- Do not allow members to wait in lobby or in lines outside of the doors.

- ❑ Consider creating gym hours where face coverings are strictly required.
- ❑ In use machines and equipment must be separated by six feet or more. Adjacent equipment closer than 6 feet must be blocked off to prevent use. Sharing equipment is prohibited.
- ❑ Cleaning supplies for handles, benches, pins, seats, etc must be available at each machine that will be used.
- ❑ Equipment must be cleaned after each use.
- ❑ Staff must be available to monitor the number of people in the facility, screen clients upon entry for COVID-19 symptoms, and to assist with and monitor the cleaning and disinfection of equipment between users.
- ❑ Saunas and steam rooms must remain closed.
- ❑ Locker rooms must remain closed.
- ❑ Sport courts are to remain closed.
- ❑ Group classes are not allowed.
- ❑ Personal training is allowed while strictly adhering to social distancing guidelines and limited to 4 people, plus the instructor.
- ❑ On-site childcare facilities must remain closed.
- ❑ Pools in gyms may open for training, team practices, or instructional classes provided six feet of distance can be provided between participants during instruction or training in the pool. Open swim and other public use of the pool must remain closed.
- ❑ Conduct employee symptom checks and monitor symptoms in all employees. For more information on conducting employee symptom checks, please visit the [CDPHE COVID-19 website](#).
  - ❑ Employees who are symptomatic must be excluded from the workplace and required to isolate for 10 days.
  - ❑ Refer all symptomatic employees to their healthcare provider
- ❑ Sick employees should be encouraged to get tested for COVID-19 either through a local provider.

**You may contact the following employee with any questions or comments about this protocol:**

**Name:**

**Phone:**

**Email:**