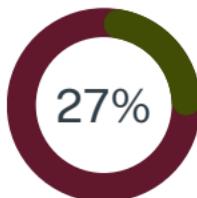


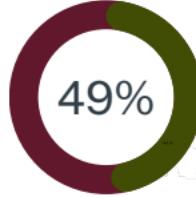


KNOW THE FACTS, HELP OUR YOUTH

OUR YOUTH SAY:



...do not have an adult to go to for a problem



...cannot talk with parent about substance use



... binge drink or used marijuana



... it would be easy to get prescription pain medicine not prescribed to them

SUBSTANCE USE:

- affects youth **brain development**
- occurs with other **risky behaviors** such as dangerous driving
- places youth at risk of **overdose**
- higher risks of developing a **substance use disorder**
- **mental health is sometimes invisible**
- **RECOVERY IS POSSIBLE**

CONFIDENTIAL HELP IS AVAILABLE:

Call the Health Department

Trinidad:
719-846-2213
Walsenburg:
719-738-2650



HUERFANO
Creating the Change



Las Animas | Huerfano Counties



College of Nursing
UNIVERSITY OF COLORADO