

Hope is ahead.

**You do not have to
walk the path to better
mental health alone ❤.**



Call the Health Department,
it is confidential:
Trinidad: (719) 846-2213
Walsenburg: (719) 738-2650

In crisis?
Call Colorado Crisis Services at
1-844-493-8255
or text "TALK" to 38255



Las Animas | Huerfano Counties
DISTRICT HEALTH DEPARTMENT



 College of Nursing
UNIVERSITY OF COLORADO
ANSCHEUTZ MEDICAL CAMPUS