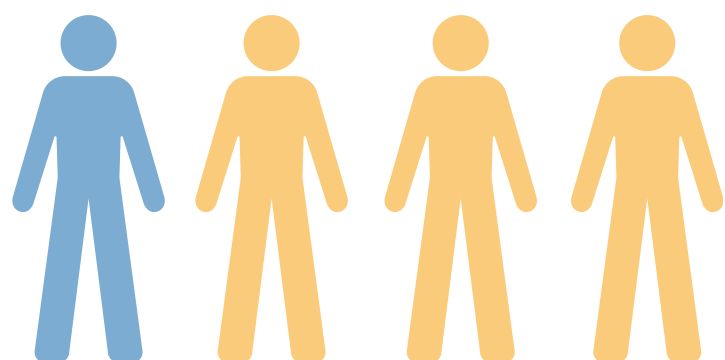
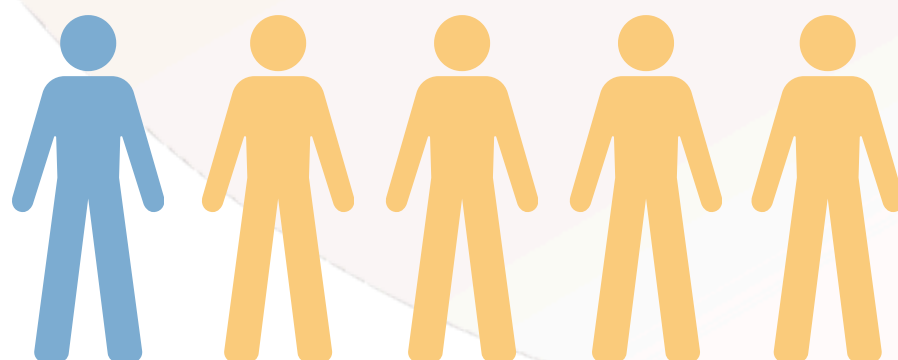




# Caring for Our Youth



**26% of students**  
**don't have an adult**  
**to go to for help**  
**with a problem.**



**20% of students**  
**had at least one**  
**drink of alcohol in**  
**the past 30 days.**

**1 in 2 students** **don't talk to adults about**  
**substance use.**

**Lack of family support and**  
**early drug use are risk factors for**  
**youth developing a substance use disorder**

**Confidential help is just a call away!**

**Health Department**

**Trinidad: (719) 846-2213**

**Walsenburg: (719) 738-2650**

- **In crisis? Call Colorado Crisis Services at 1-844-493-8255 or Text "TALK" to 38255**

