



LAS ANIMAS-HUERFANO COUNTIES DISTRICT HEALTH DEPARTMENT

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Press Release

For Immediate Release
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Third Las Animas County resident tests positive for COVID-19

Trinidad, CO. – Las Animas Huerfano Counties District Health Department announced today another positive case of COVID-19. The new case brings Las Animas County's total to 3 confirmed cases.

This individual is in her 90's and has been in isolation at the hospital since the samples were collected for testing. The Las Animas Huerfano Counties District Health Department public health nurse has begun a contact investigation to determine if there were any additional exposures.

Public health consistently investigates disease outbreaks and will continue to do so, but what is important during this pandemic is that we all stay home and stay safe.

The best way to protect yourself is to avoid exposure to the virus. If you have symptoms and think you need testing, contact your doctor first. Do not just show up.

Las Animas County community members should also continue to take simple steps to reduce the spread of respiratory illnesses including COVID-19:

- Wash hands with liquid soap and water, and rubbing for at least 20 seconds, or using alcohol-based sanitizer if soap and water are not available;
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing;
- Stay home if you are sick;
- Regularly clean high-touch surfaces.
- When you have to go out for essential items practice social distancing, minimize your time out and wash your hands as soon as possible afterward.
- Wear a facial covering if you are going out into the public

More information can be found at: <https://www.colorado.gov/la-h-health>
or at <https://covid19.colorado.gov/>. You can also find information on Facebook at Las Animas Huerfano Counties District Health Department.