Las Animas-Huerfano Counties Community Health Needs Assessment

An Integrated Community Health Needs Assessment (CHNA) and Public Health Improvement Plan (PHIP)

Las Animas | Huerfano Counties
DISTRICT HEALTH DEPARTMENT

ONE HEALTH
insights

Definitions

Community Health Needs Assessment

A CHNA refers to a state, tribal, local, or territorial health assessment that **identifies key health needs** and issues through **systematic, comprehensive data collection and analysis.**

Source: CDC

Public Health Improvement Plan

A PHIP is a **long-term, systematic effort to address public health problems** based on the results of community health assessment activities and the community health improvement process.

Source: PHAB

Social Determinants of Health

SDOH are the conditions in which **we are born, grow, work, live, and age** that influence health outcomes.

Source: CDC

Community

Where you **live, work, and play.**

Survey Design

Survey Design

- Huerfano and Las Animas County residents
- 18+
- Open from March 15 – April 20
- Promoted throughout community

What did we ask?

- Demographics
- Personal health status
- Need & use of assistance
- Access to medical, dental, mental health providers
- Community assets & needs
- Community health priorities

Survey Analysis

Survey Analysis

- Response frequencies with corresponding 95% confidence intervals
  - For combined results: Margin of Error <5%

Survey Results:
Respondents

Who did we hear from?

- 406 responses
  - 2% of eligible respondents from each county
  - 76% female
  - 23% male
  - ~1% prefer not to say

Age Groups

Las Animas County

	Survey	ACS
18-24 Years	8.8%	10.1%
25-34 Years	14.6%	14.1%
34-44 Years	18.5%	13.1%
45-64 Years	35.4%	32.1%
65-84 Years	22.3%	28.2%
85+ Years	.4%	2.5%

Huerfano County

	Survey	ACS
18-24 Years	8%	11.1%
25-34 Years	15.9%	8.1%
34-44 Years	20.3%	8.4%
45-64 Years	31.9%	33%
65-84 Years	23.9%	35.9%
85+ Years	0%	3.5%

Race / Ethnicity

Las Animas County

	Survey	ACS
AI/AN	.4%	4.7%
Hispanic (any race)	34.7%	40.8%
Non-Hispanic White	56.5%	52.4%

Huerfano County

	Survey	ACS
AI/AN	2.9%	3.3%
Hispanic (any race)	28.3%	33.1%
Non-Hispanic White	62.3%	61.5%

Annual Household Income

Las Animas County

	Survey	ACS
Less than 25K	**20.4%**	**26.7%**
25K – 49K	**23.8%**	**24.2%**
50K – 74K	**21.5%**	**20.2%**
75K – 99K	**18.1%**	**10.2%**
Over 100K	**16.2%**	**18.7%**

Huerfano County

	Survey	ACS
Less than 25K	**22.1%**	**28.2%**
25K – 49K	**29.4%**	**22.1%**
50K – 74K	**19.1%**	**15.8%**
75K – 99K	**11.8%**	**11.8%**
Over 100K	**17.6%**	**21.9%**

Education

Las Animas County

	Survey	ACS
Less than HS graduate	3.4%	10.9%
HS graduate (or equivalent)	21.1%	25.6%
Some college or associates degree	41.4%	46.4%
Bachelors degree or higher	34.1%	17.2%

Huerfano County

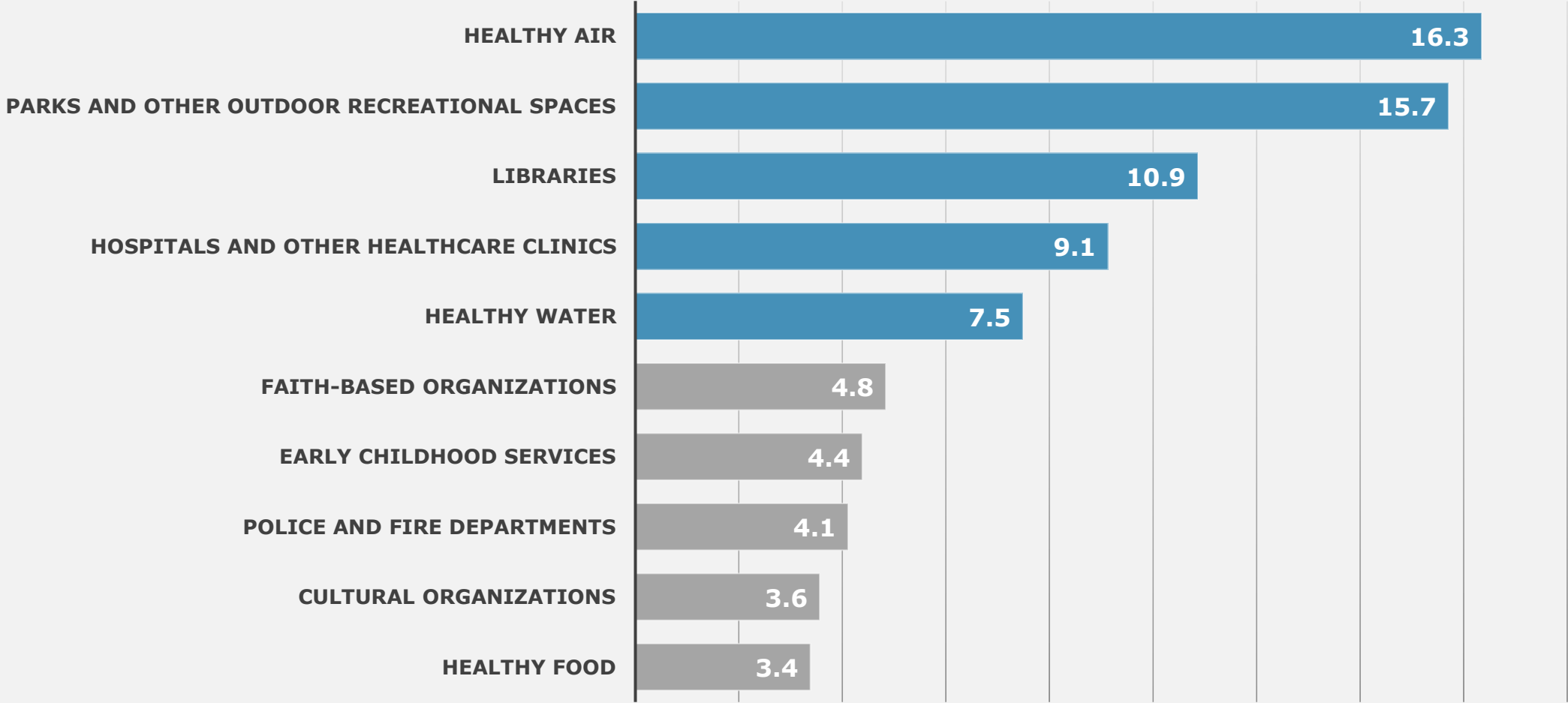|	Survey	ACS
Less than HS graduate	3.6%	6.8%
HS graduate (or equivalent)	26.3%	25.4%
Some college or associates degree	33.6%	41.1%
Bachelors degree or higher	36.5%	26.7%

Survey Results:
Community Assets

Las Animas – Huerfano Integrated PHIP & CHNA

My community...

|	Agree	Neutral	Disagree
is a good place to grow old	57.1	26.8	16.1
is a good place to raise kids	47.8	31.4	20.8
is a healthy community to live in	44.7	30.3	25.0
has access to adequate health & wellness	41.4	25.2	33.4

Note: All values expressed as the percent of respondents that made the corresponding selection.

Best things about your community (top 10)

Category	Value
HEALTHY AIR	16.3
PARKS AND OTHER OUTDOOR RECREATIONAL SPACES	15.7
LIBRARIES	10.9
HOSPITALS AND OTHER HEALTHCARE CLINICS	9.1
HEALTHY WATER	7.5
FAITH-BASED ORGANIZATIONS	4.8
EARLY CHILDHOOD SERVICES	4.4
POLICE AND FIRE DEPARTMENTS	4.1
CULTURAL ORGANIZATIONS	3.6
HEALTHY FOOD	3.4

Note: All values expressed as the percent of respondents that made the corresponding selection.

Individual current health status
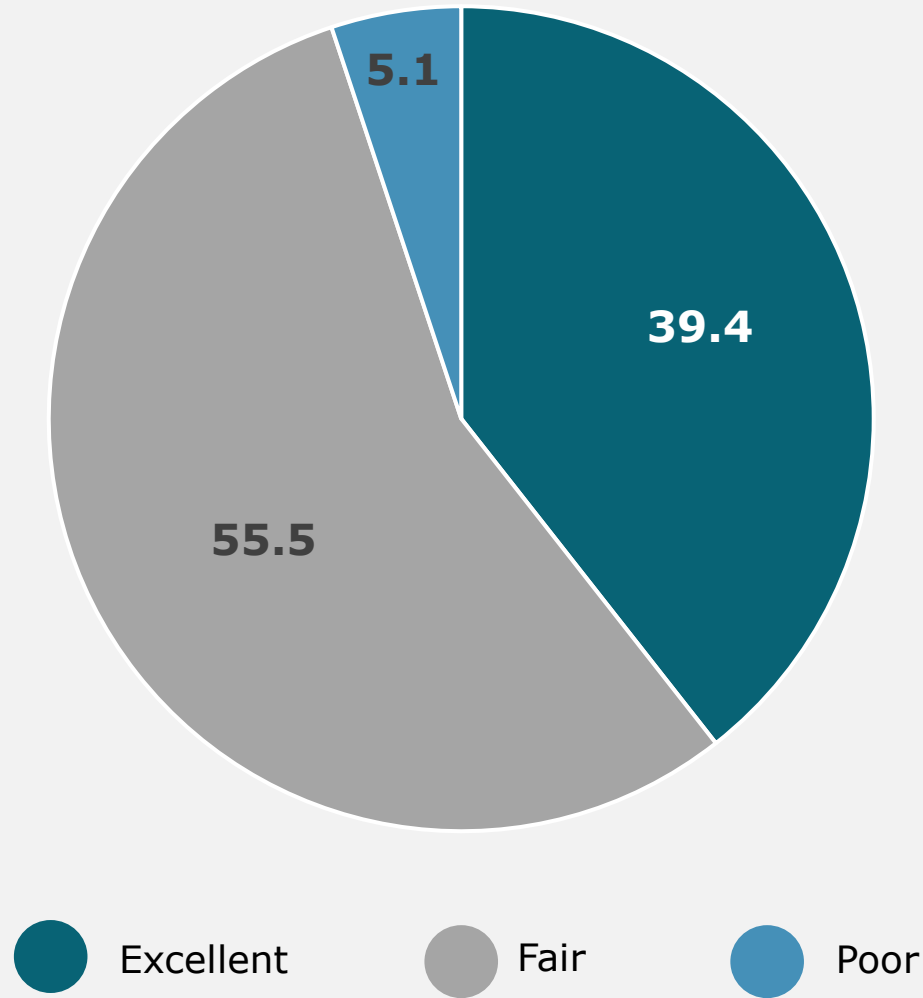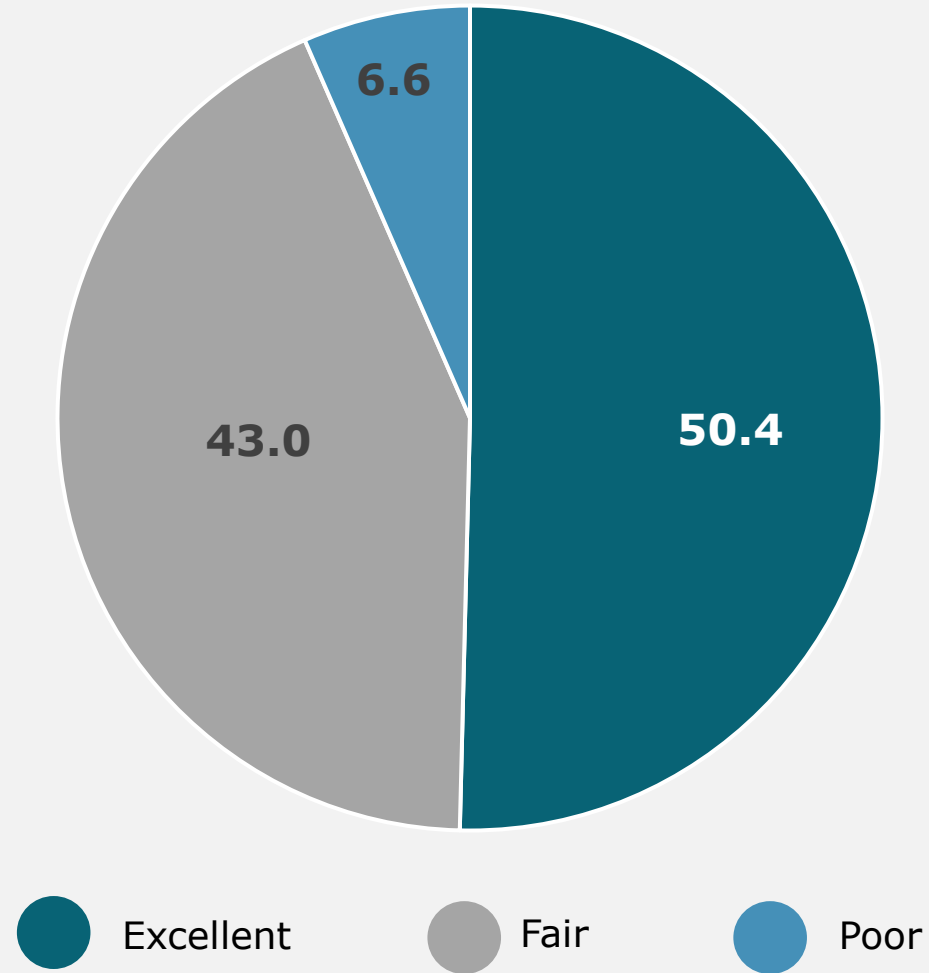

39.4 Excellent

55.5 Fair

5.1 Poor

Excellent   Fair   Poor

Note: All values expressed as the percent of respondents that made the corresponding selection.

Survey Results:
Mental Health

Current mental health status

50.4

43.0

6.6

● Excellent   ● Fair   ● Poor

Note: All values expressed as the percent of respondents that made the corresponding selection.

Health priorities (top 10)
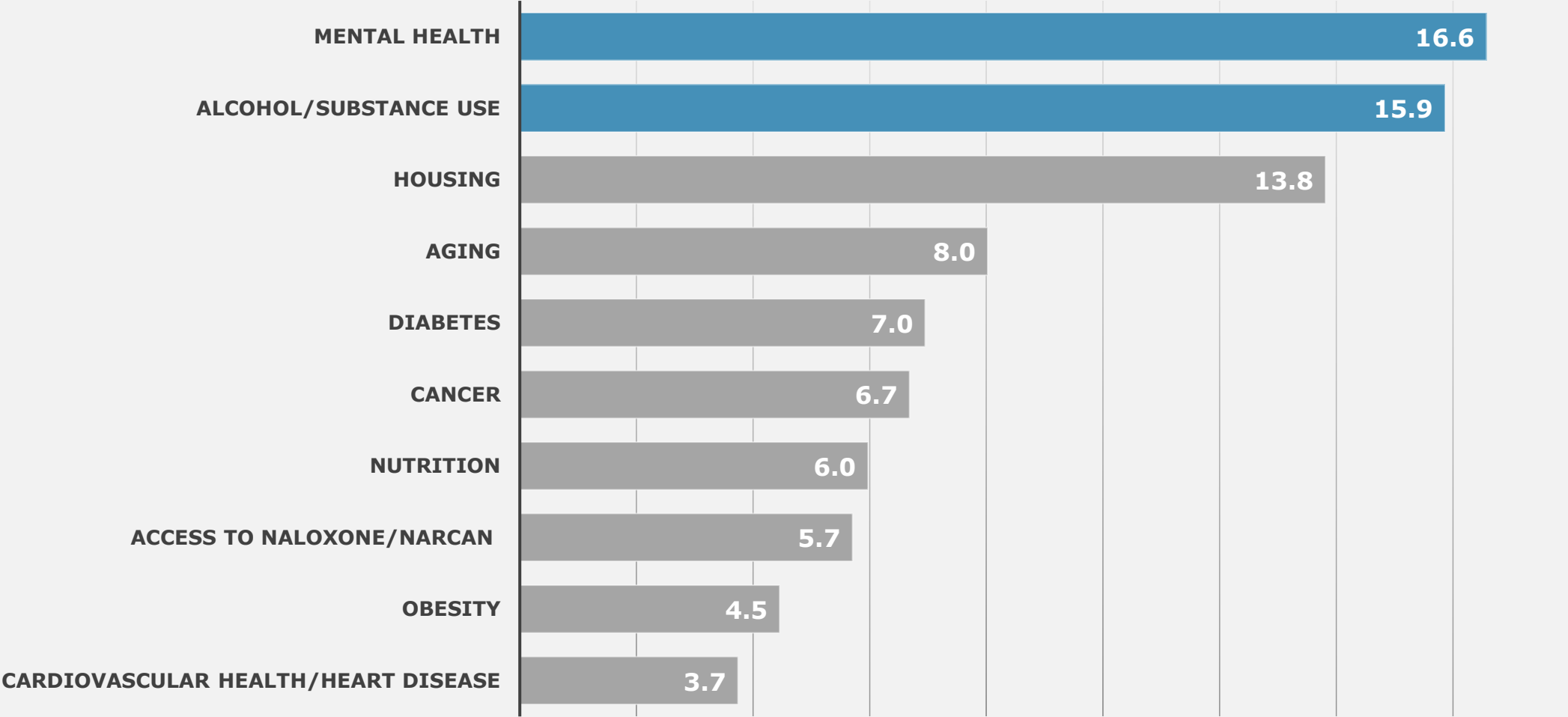
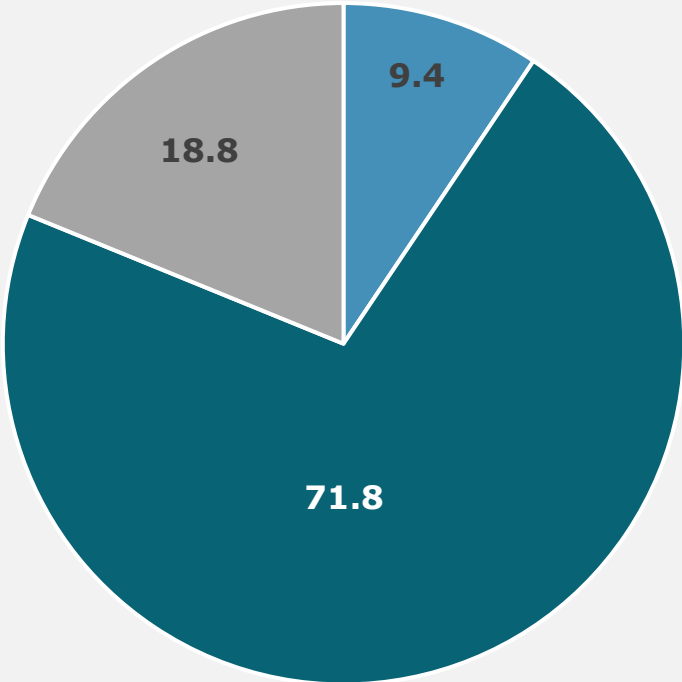| Priority	Value
MENTAL HEALTH	16.6
ALCOHOL/SUBSTANCE USE	15.9
HOUSING	13.8
AGING	8.0
DIABETES	7.0
CANCER	6.7
NUTRITION	6.0
ACCESS TO NALOXONE/NARCAN	5.7
OBESITY	4.5
CARDIOVASCULAR HEALTH/HEART DISEASE	3.7

Note: All values expressed as the percent of respondents that made the corresponding selection.

Survey Results:
SDoH

Individual SDOH

Food Insecurity

- 9.4
- 18.8
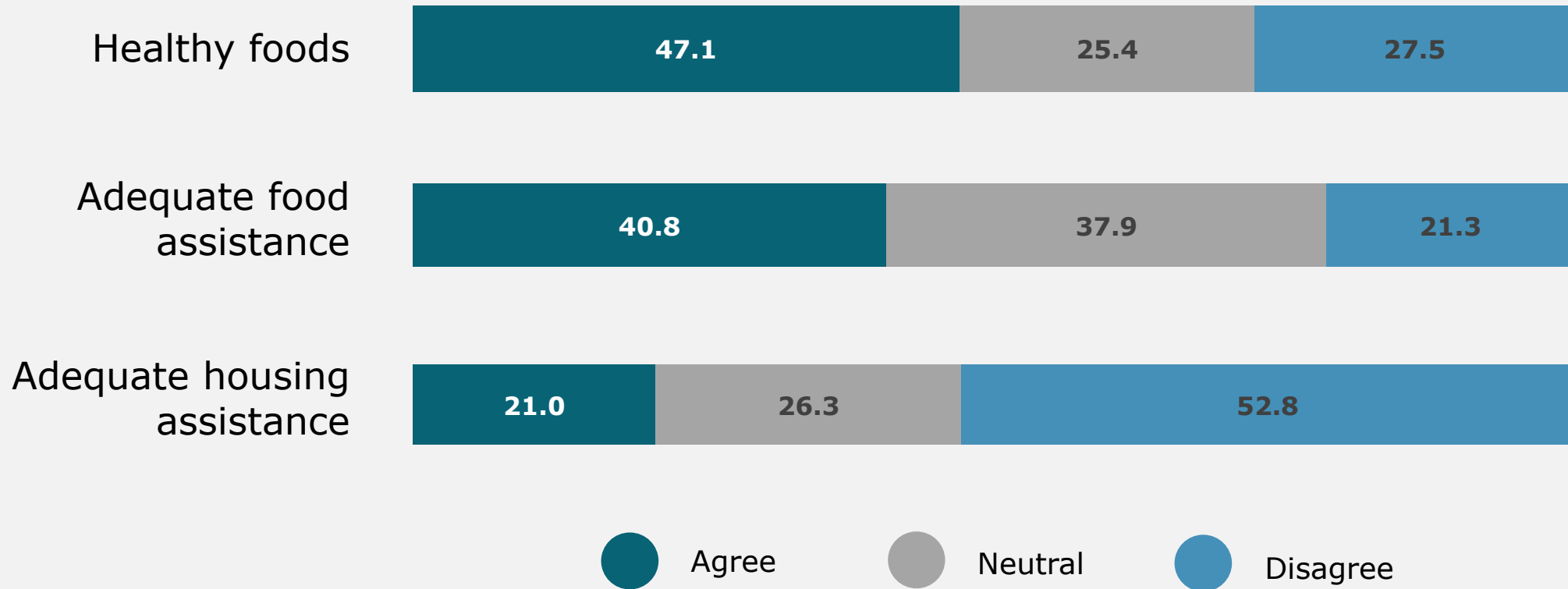- 71.8

Housing Insecurity

- 7.8
- 10.3
- 82.0
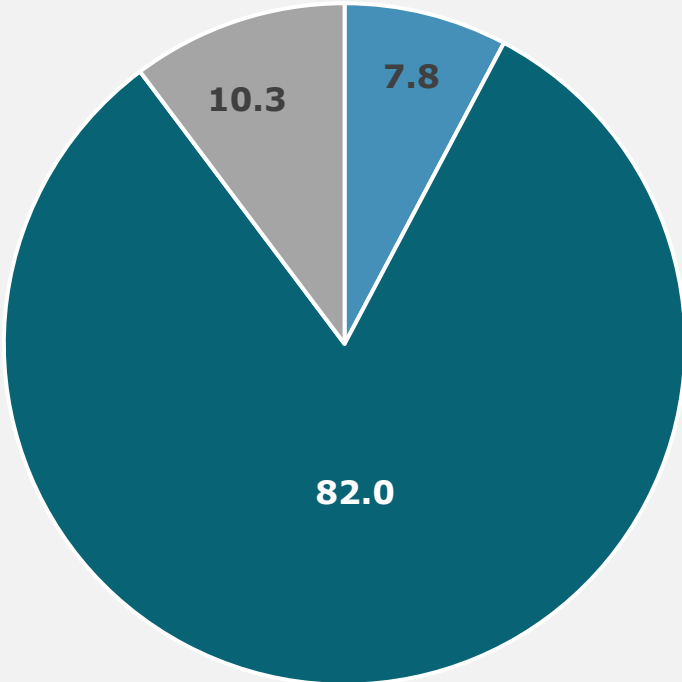
● Often/Always   ● Sometimes   ● Rarely/Never

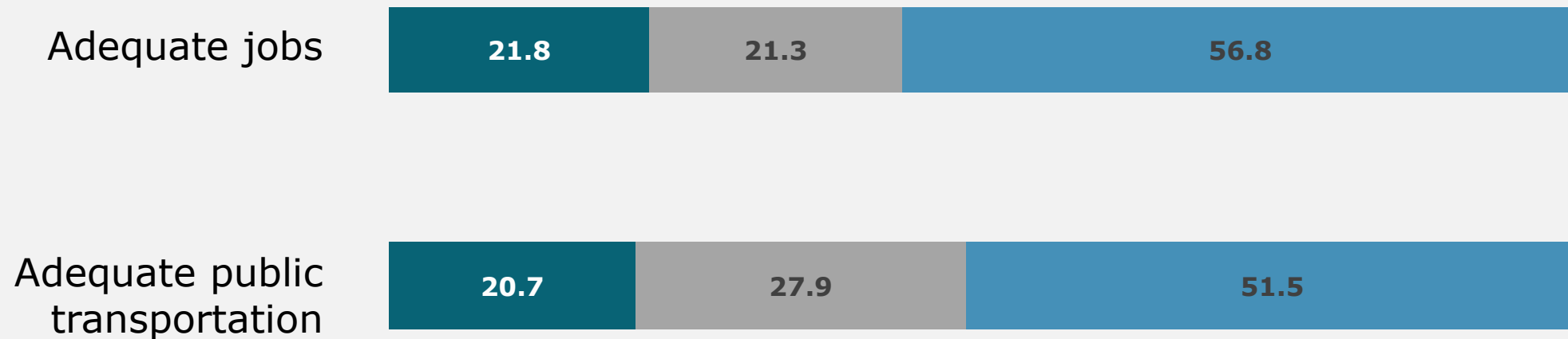*Note: All values expressed as the percent of respondents that made the corresponding selection.*

My community has access to...

|	Agree	Neutral	Disagree
Healthy foods	47.1	25.4	27.5
Adequate food assistance	40.8	37.9	21.3
Adequate housing assistance	21.0	26.3	52.8

● Agree   ● Neutral   ● Disagree

Note: All values expressed as the percent of respondents that made the corresponding selection.

My community has access to...

Adequate jobs

| 21.8 | 21.3 | 56.8 |

Adequate public transportation

| 20.7 | 27.9 | 51.5 |

Agree · Neutral · Disagree
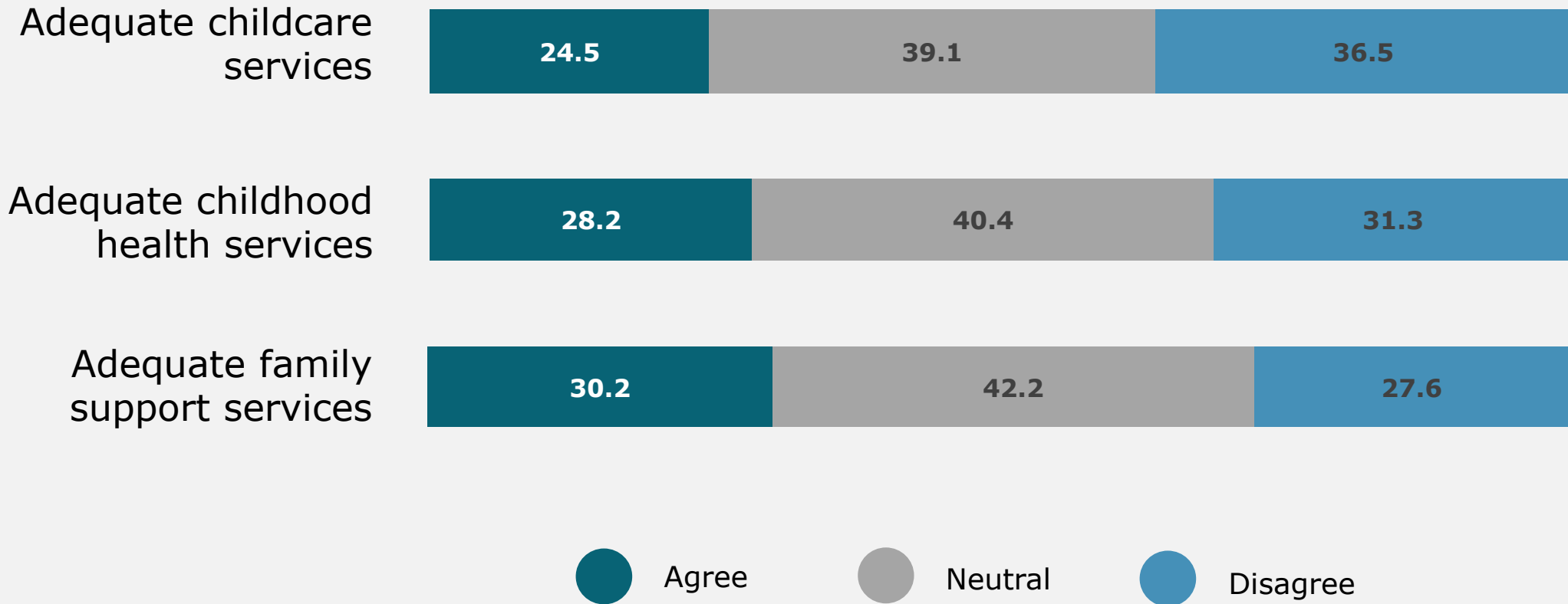
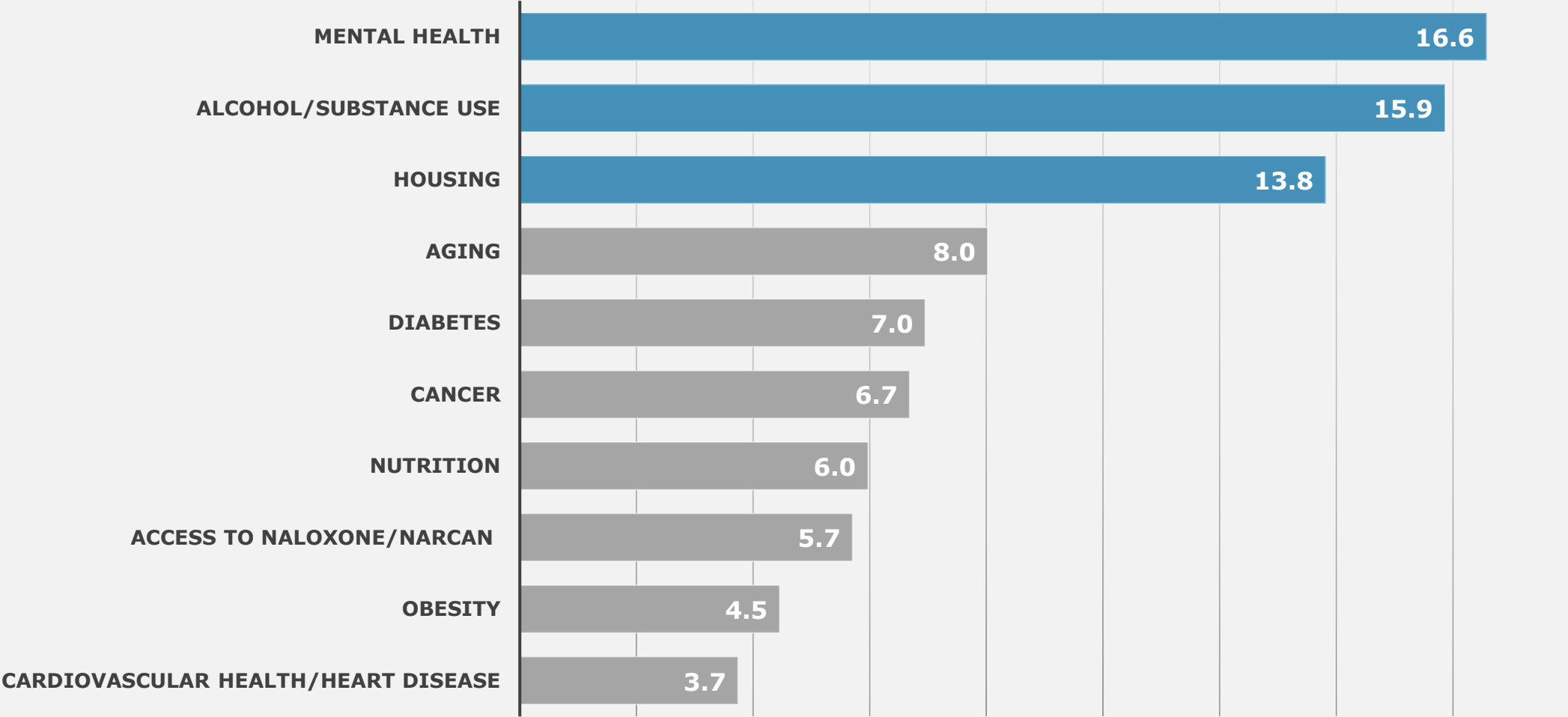*Note: All values expressed as the percent of respondents that made the corresponding selection.*

Survey Results:
Community Priorities

Health priorities (top 10)

Priority	Percent
MENTAL HEALTH	16.6
ALCOHOL/SUBSTANCE USE	15.9
HOUSING	13.8
AGING	8.0
DIABETES	7.0
CANCER	6.7
NUTRITION	6.0
ACCESS TO NALOXONE/NARCAN	5.7
OBESITY	4.5
CARDIOVASCULAR HEALTH/HEART DISEASE	3.7

*Note: All values expressed as the percent of respondents that made the corresponding selection.

Environmental priorities
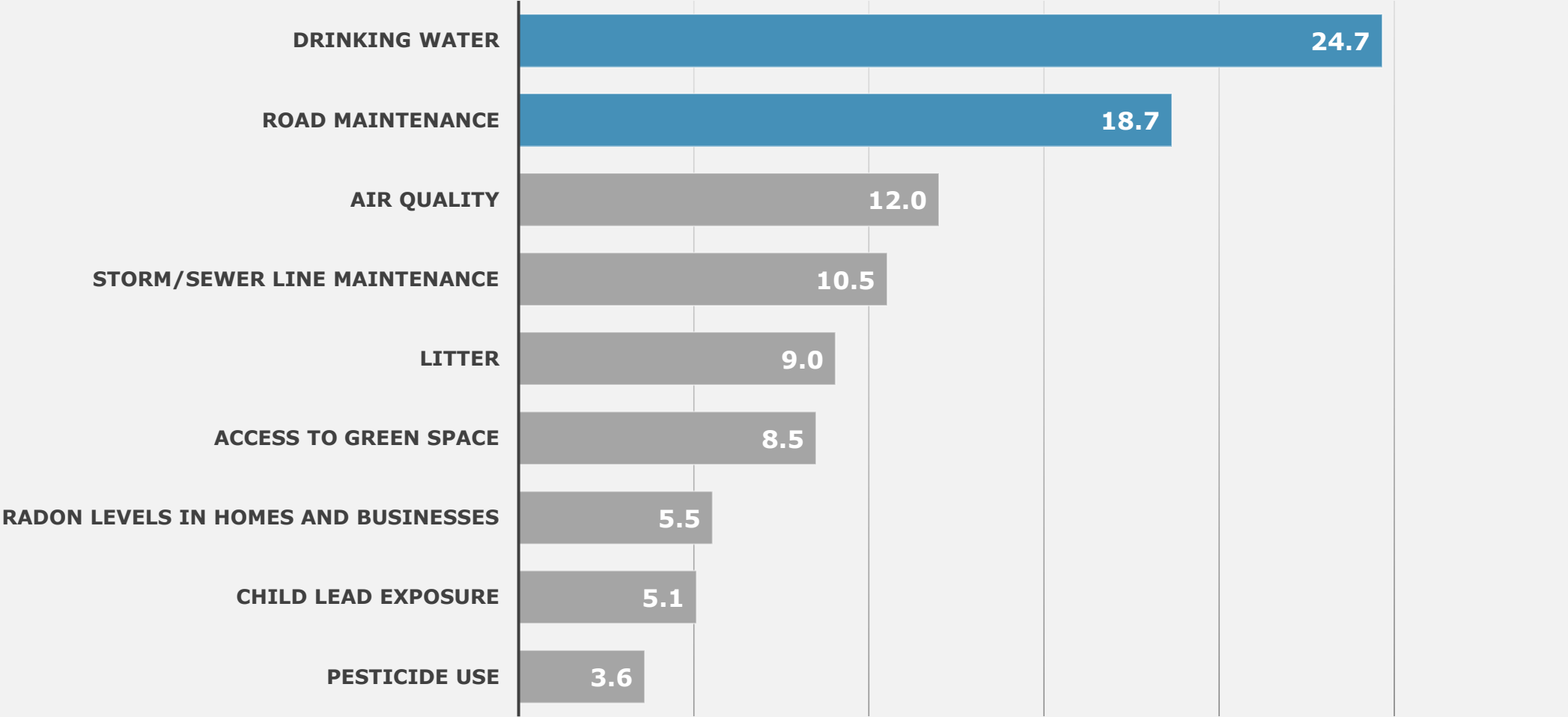
Priority	Value
DRINKING WATER	24.7
ROAD MAINTENANCE	18.7
AIR QUALITY	12.0
STORM/SEWER LINE MAINTENANCE	10.5
LITTER	9.0
ACCESS TO GREEN SPACE	8.5
RADON LEVELS IN HOMES AND BUSINESSES	5.5
CHILD LEAD EXPOSURE	5.1
PESTICIDE USE	3.6

Note: All values expressed as the percent of respondents that made the corresponding selection.

Safety priorities (top 10)

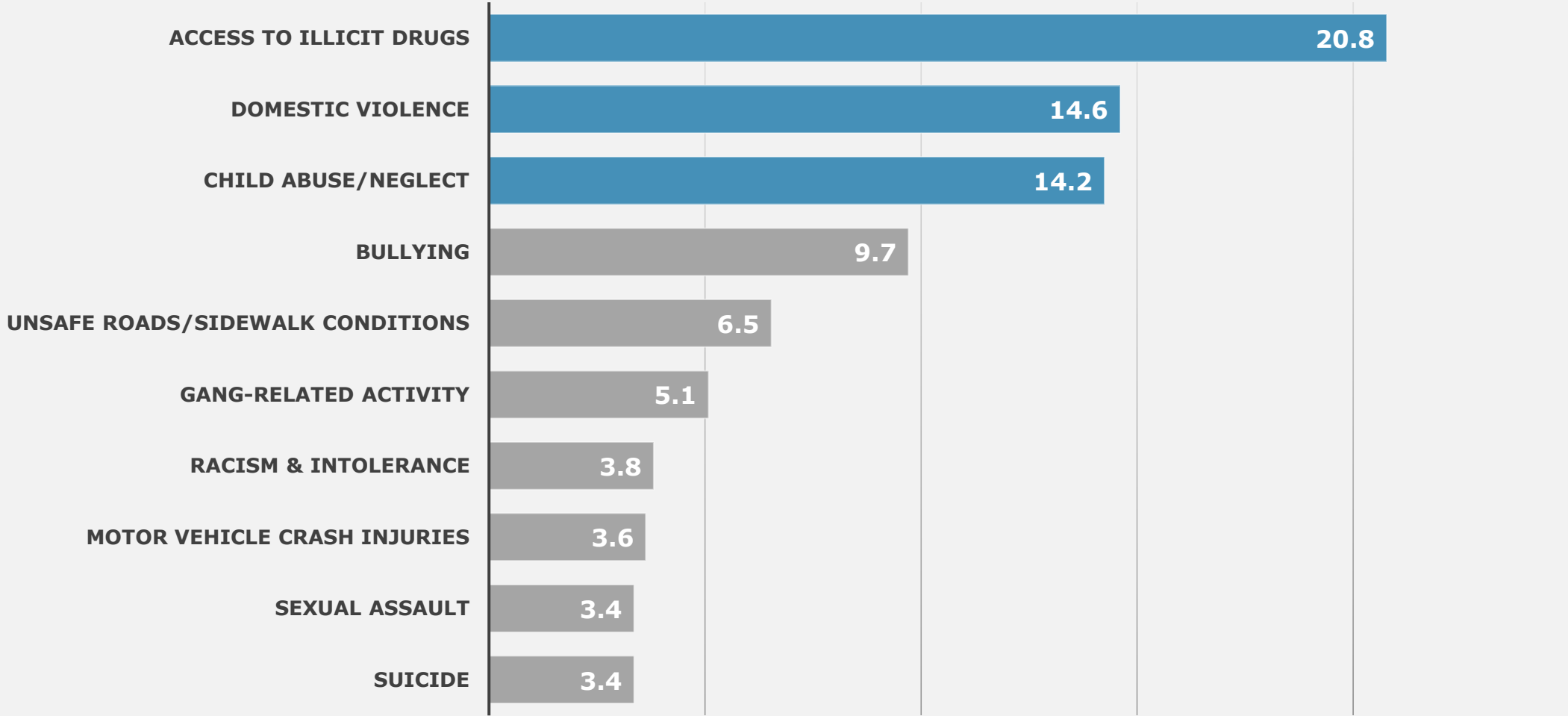| Category	Value
ACCESS TO ILLICIT DRUGS	20.8
DOMESTIC VIOLENCE	14.6
CHILD ABUSE/NEGLECT	14.2
BULLYING	9.7
UNSAFE ROADS/SIDEWALK CONDITIONS	6.5
GANG-RELATED ACTIVITY	5.1
RACISM & INTOLERANCE	3.8
MOTOR VEHICLE CRASH INJURIES	3.6
SEXUAL ASSAULT	3.4
SUICIDE	3.4

Note: All values expressed as the percent of respondents that made the corresponding selection.

Next Steps

Las Animas – Huerfano Integrated PHIP & CHNA

Public Health Improvement Plan

- Follow LAHCDHD website to find updates on the new public health improvement plan.